

2019 Dick Wilkins Frosh-Soph Invitational - 4/27/2019
"Meet of Future Champions"
Del Norte High School
Meet Record - Records

39	Girls 4x100 Meter Relay Freshman Invite	50.12	2012	Patrick Henry
40	Boys 4x100 Meter Relay Freshman Invite	44.05	2012	Lincoln
41	Girls 4x100 Meter Relay Sophomore Invite	48.54	2014	Rancho Bernardo
42	Boys 4x100 Meter Relay Sophomore Invite	43.44	2014	Helix
43	Girls 1600 Meter Run Freshman Invite	5:00.66	2010	Kelly Lawson - La Costa Canyon
44	Boys 1600 Meter Run Freshman Invite	4:25.11	2015	Joequin Martinez De Pinillos - Cathedral Catholic
45	Girls 1600 Meter Run Sophomore Invite	4:55.63	2012	Emma Abrahamson - La Costa Canyon
46	Boys 1600 Meter Run Sophomore Invite	4:12.30	2007	Mac Fleet - University City
47	Girls 100 Meter Hurdles Freshman Invite	14.97	2008	Tia Knight - Helix
48	Girls 100 Meter Hurdles Sophomore Invite	14.31	2014	Dani Johnson - Cathedral Catholic
49	Boys 110 Meter Hurdles Freshman Invite	14.85	2010	Grant Zebold - Cathedral Catholic
50	Boys 110 Meter Hurdles Sophomore Invite	14.97	1999	Jeff Hunter - Granite Hills
51	Girls 400 Meter Dash Freshman Invite	57.84	1993	Lana Garner - Morse
52	Boys 400 Meter Dash Freshman Invite	50.29	2007	Ryan Morgan - Ramona
53	Girls 400 Meter Dash Sophomore Invite	54.74	1999	Monique Henderson - Morse
54	Boys 400 Meter Dash Sophomore Invite	47.83	4/29/2017	Karson Lippert - La Costa Can
55	Girls 100 Meter Dash Freshman Invite	12.24	1997	Kameela Allen - Mt Miguel
56	Boys 100 Meter Dash Freshman Invite	10.93	4/28/2018	Elisha Lloyd - Cathedral Ca
57	Girls 100 Meter Dash Sophomore Invite	11.94	1997	DeCola Groce - Morse
58	Boys 100 Meter Dash Sophomore Invite	10.74	2004	Dustin Driscoll - Southwest, El Centro
59	Girls 800 Meter Run Freshman Invite	2:14.39	4/30/2016	Sierra Roberson - La Jolla
60	Boys 800 Meter Run Freshman Invite	1:59.80	4/30/2016	Willie Coleman III - Steele Canyo
61	Girls 800 Meter Run Sophomore Invite	2:12.55	2015	Kiley McCarthy - Carlsbad
62	Boys 800 Meter Run Sophomore Invite	1:57.83	2011	Shelby Hernandez - Helix
63	Girls 300 Meter Hurdles Freshman Invite	44.08	2013	Dani Johnson - Cathedral Catholic
64	Boys 300 Meter Hurdles Freshman Invite	39.48	2014	Tyjon Lindsey - Poway
65	Girls 300 Meter Hurdles Sophomore Invite	43.08	2014	Dani Johnson - Cathedral Catholic
66	Boys 300 Meter Hurdles Sophomore Invite	38.93	1999	Jeff Hunter - Granite Hills
67	Girls 3200 Meter Run Freshman Invite	10:57.70	2011	Emma Abrahamson - La Costa Canyon
68	Girls 3200 Meter Run Sophomore Invite	10:33.05	4/29/2017	Kristin Fahy - La Costa Can
69	Girls 200 Meter Dash Freshman Invite	23.94	1998	Monique Henderson - Morse
70	Boys 200 Meter Dash Freshman Invite	21.94	1997	Steve Hayes - University City
71	Girls 200 Meter Dash Sophomore Invite	23.94	1999	Monique Henderson - Morse
72	Boys 200 Meter Dash Sophomore Invite	21.57	2007	Joe Cooks - Mission Hills
73	Boys 3200 Meter Run Freshman Invite	9:41.79	2015	Joequin Martinez De Pinillos - Cathedral Catholic
74	Boys 3200 Meter Run Sophomore Invite	9:32.63	4/30/2016	Noah Monroy - Maranatha Ch
75	Girls 4x400 Meter Relay Freshman Invite	4:09.37	2011	Del Norte Gross, Cole, Howard, Kalley
76	Boys 4x400 Meter Relay Freshman Invite	3:34.95	4/29/2017	Helix - Helix D Mulligin, N White, M Larsen, D Traylor
77	Girls 4x400 Meter Relay Sophomore Invite	4:03.57	2014	Rancho Bernardo
78	Boys 4x400 Meter Relay Sophomore Invite	3:27.31	2011	Olympian
79	Girls Long Jump Freshman Invite	18-09	2000	Nastassaja Hall - Rancho Buena Vista
80	Boys Long Jump Freshman Invite	19-10	4/29/2017	Alex Kohlenberg - University C
81	Girls Pole Vault Freshman Invite	11-01	2010	Mimi Lian - Rancho Bernardo
82	Boys Pole Vault Freshman Invite	13-07	4/28/2018	Garrett Brown - La Costa Can
83	Girls High Jump Sophomore Invite	5-08	1987	Lynn Patrick - Serra
84	Boys High Jump Sophomore Invite	6-08	2006	Nelson Rosario - El Camino
85	Boys Discus Throw Freshman Invite	161-09	2003	Darius Savage - Morse
86	Boys Discus Throw Sophomore Invite	174-04	2004	Darius Savage - Morse
87	Girls Shot Put Freshman Invite	40-01.75	4/28/2018	Brandy Atuatasi - West Hills
88	Girls Shot Put Sophomore Invite	42-10	2014	Laulauga Tausaga - Mt Miguel
89	Girls Long Jump Sophomore Invite	18-05.50	4/29/2017	Jazmine Scott - Gompers Prep
90	Boys Long Jump Sophomore Invite	22-06	2015	Mattheew DeRoos - Tri-City Christian
91	Girls Triple Jump Freshman Invite	37-10	1995	Andrea Booker - El Camino
92	Boys Triple Jump Freshman Invite	43-00	1993	Portland Bates - Marian Catholic

2019 Dick Wilkins Frosh-Soph Invitational - 4/27/2019
"Meet of Future Champions"
Del Norte High School
Meet Record - Records

93	Girls High Jump Freshman Invite	5-08	1988	Karyn Armstrong
94	Boys High Jump Freshman Invite	6-03.50	1993	Donald Harris
95	Girls Discus Throw Freshman Invite	122-07	2010	Daniel Dease - Helix
96	Girls Discus Throw Sophomore Invite	132-07	1995	Katrina Crouch - El Capitan
97	Boys Shot Put Freshman Invite	58-01	1987	Brent Noon - Fallbrook
98	Boys Shot Put Sophomore Invite	59-10.50	2013	Jose Higuera - Sweetwater
99	Girls Pole Vault Sophomore Invite	12-04	2008	Kourtney Ross - Westview
100	Boys Pole Vault Sophomore Invite	14-08	4/29/2017	Jacob Rice - Rancho Berna
101	Girls Triple Jump Sophomore Invite	38-00	2015	Cambria Galloway - Cathedral Catholic
102	Boys Triple Jump Sophomore Invite	45-08.50	2011	Alexander Simpson - University City