



Medical Coverage for Living Abroad

Embark on your *new life abroad.*

Familiar coverage fuels expat adventures.

New places to see. New things to do. New worlds to explore. Whatever your plans once you're overseas, count on one plan to oversee your health and safety while you're there. A Medical Coverage for Living Abroad plan from Blue Cross Blue Shield Global SolutionsSM (BCBS Global SolutionsSM) will help support you and your well-being so you can enjoy all the adventures your new home has to offer.

If you're an individual expat or expat family, this is your plan.

Our plan keeps you covered when you're living abroad for three months or more.

Go with BCBS Global Solutions coverage. It's the trusted plan that's been around the block—and around the world—thousands of times over the decades. Enjoy the peace of mind that comes with:



Access to one of the **largest care networks in the world**, serving expats with the ideal blend of digital innovation and human-centered care.



Flexibility that lets you define your deductible and prescription benefits. Think of it as **your ticket to a world of benefit possibilities.**



A bundle of features that's part of every BCBS Global Solutions plan:

- Highly rated mobile app providing 24/7/365 support worldwide
- Unlimited telemedicine visits
- Coordinated coverage with providers in 190 countries

Feel *ease and supported* knowing your plan is designed with overseas living in mind.

Here are just a few confidence-boosting highlights of our plans.



You'll have an unlimited yearly and lifetime medical maximum, along with a \$250,000 maximum benefit for emergency medical evacuation.



Have a pre-existing condition? No worries. You'll be covered right away if you have proof of current coverage.



We'll waive the deductible for office visits, preventive care, medications and more.



You can choose prescription coverage and add enhanced benefits to it.



There's the option to choose dental and vision coverage.



You can choose one of three options for the U.S. coverage that's right for you. Based on your choice, you get access to the Blue Cross® Blue Shield® PPO network while in the U.S. Choose from:

- Basic U.S. coverage
- Comprehensive U.S. coverage
- No U.S. coverage



When you travel with us, you're not just covered—*you're cared for.*

Telemedicine services are provided by Teladoc Health, directly to members. Blue Cross Blue Shield Global Solutions assumes no liability and accepts no responsibility for information provided by Teladoc Health and the performance of the services by Teladoc Health. Support and information provided through this service does not confirm that any related treatment or additional support is covered under a member's health plan. This service is not intended to be used for emergency or urgent treatment medical questions.

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