

WHERE TO TURN IN THE PSALMS

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PSALM 121

A song of ascents.

Theme: We can depend upon God for help. Pilgrims must travel through lonely country to their destination; they are protected, not by anything created, but by the Creator of everything.
Author: Anonymous, some suggest Hezekiah

- ¹I lift up my eyes to the hills—
where does my help come from?
- ²My help comes from the LORD,
the Maker of heaven and earth.^x
- ³He will not let your foot slip—
he who watches over you will not slumber;
⁴indeed, he who watches over Israel
will neither slumber nor sleep.
- ⁵The LORD watches over you—
the LORD is your shade at your right hand;
⁶the sun^y will not harm you by day,
nor the moon by night.
- ⁷The LORD will keep you from all harm—
he will watch over your life;
⁸the LORD will watch over your coming and going
both now and forevermore.^z

(4)