

How does forgiveness work in your life?

- How does it feel when someone forgives you for something you have done wrong?
- How easy is it for you to forgive someone?
- What things do you do to show forgiveness:
- What do you do to ask for forgiveness?
- Think of three occasions when you may need forgiveness.
- Think of three occasions when you may need to forgive someone.
- What does it mean to forgive?

FORGIVENESS: WHAT DO YOU THINK IT MEANS?

Forgiveness is:

- Restoring a good relationship with someone, even if you're still hurting.
- Saying "I'm sorry," whether you are or not.
- Being willing to start over again.
- Examining the situation to see where fault lies and talking it out.
- Not feeling guilty anymore

- ❑ Pretending everything is okay.
- ❑ Feeling accepted by God and by the other person.
- ❑ Saying “I love you” and meaning it.