

23rd Annual Conference Schedule and Objectives

Thursday, April 7th

7:30 – 8:00AM	Registration, Visit with Sponsors, Breakfast
8:00 – 9:00AM	<p>Physiologic Coping <i>Sarah Lavonne, RNC-OB, CBE, CLEC</i></p> <p>Describe how physiologic birth and coping techniques work together to help facilitate a vaginal birth. Set a labor mood that helps facilitate healthy physiologic hormone release that supports vaginal birth. Explain the rationale the breathing and teach their client how to control their breath. Return demonstrate 3 simple touch techniques and explain the physiology of why they can help promote labor and vaginal birth</p>
9:00 – 9:30AM	Break, Visit with Sponsors
9:30 – 10:30AM	<p>Physiologic Coping (continued) <i>Sarah Lavonne, RNC-OB, CBE, CLEC</i></p>
10:30 – 11:30AM	<p>Making your Units Maternal Mental Health Friendly <i>LaShea Haynes, MEd, MSN, APRN, AGCNS-BC, RNC, C-EFM</i></p> <p>Distinguish facts about Postpartum Depression (PPD). Recognize risk factors of (PPD). Recognize signs and symptoms of PPD. Describe implementation of PPD Screening using the EPDS. Discuss challenges with PPD screening. Outline the current System PPD screening process. Identify Resources for PPD.</p>
11:30 – 12:30PM	Lunch, Visit with Sponsors
12:30 – 1:30PM	<p>Got Chocolate Milk: A historical perspective on breastfeeding in the A.A. community. <i>LaVonne M Moore, DNP, APRN, CNM, BC-WHNP, IBCLC, ICCE</i></p> <p>Describe heritage and its impact on breastfeeding practices. Describe the role of culture in breastfeeding. Describe how breastfeeding impacts health disparities.</p>
1:30 – 2:45PM	<p>From Data to Action: Implementing the Ethnic & Racial Disparities Bundle <i>LaShea Haynes, MEd, MSN, APRN, AGCNS-BC, RNC, C-EFM</i></p> <p>Describe factors that contribute to perinatal disparities based on social determinants of health. Outline quality improvement strategies and tactics for eliminating implicit and explicit bias when caring for women before, during, and after pregnancy and when caring for newborns. Develop a quality improvement action plan for ensuring equity in perinatal outcomes.</p>
2:45- 3:00PM	Break: Chocolate Moment, Visit with Sponsors
3:00 – 4:00PM	<p>COVID 2022 – Update for OB <i>Sarah N Cross, MD</i></p> <p>Review the data regarding COVID in pregnancy. Explore therapeutics for COVID in pregnancy. Describe management of pregnant patients with COVID in both the outpatient and inpatient setting.</p>

23rd Annual Conference Schedule and Objectives

Friday, April 8th

7:30 – 8:00AM	Registration, Breakfast
8:00 – 9:00AM	Myth Debunking w/AWHONN Leadership Review the importance of separating evidence-based practice from “that’s the way we’ve always done it”.
9:00 -- 9:15AM	Break
9:15 – 10:15AM	Pregnancy Loss: Perspectives from a Parent and Caregiver <i>Amanda Duffy, MS and Annette Klein, RN, ICCE</i> Increase the effectiveness of nurses who care for families experiencing loss. Share the perspective of a bereaved parent. Describe the importance that nurses and other health care staff have as parents cope with parenting and grieving the death of their baby. Compare and contrast what is helpful to a parent during and after a loss, as well as during subsequent pregnancies.
10:15— 11:15AM	Family Centered Care – Creating Unity Between Nurses and Doulas <i>Cooper Orla and Dana Morrison, Birth Doulas & Birth Educators</i> Review what is a doula and how to work with doulas in the hospital. Discuss creating a community connection between doulas, midwives, and in-hospital birth workers. Describe models for community doula programs. Discuss insurance reimbursement for doulas.
11:15 -- 12:15PM	Lunch
12:15 – 1:15PM	Hypertension Updates for 2022 <i>Christine Goudge, MD</i> Discuss the reason(s) that severe hypertension during pregnancy and postpartum is a major cause of Severe Maternal Morbidity (SMM) and Maternal Mortality. Review definitions of hypertensive disorders of pregnancy and the definition of severe hypertension in this population. List the best practice recommendations for severe obstetric hypertension recognition, treatment, and monitoring. Review and relate the special challenges of recognition and treatment of severe obstetric hypertension in the postpartum period.
1:15 – 1:30PM	Door prizes and meet AWHONN MN section team
1:30 -- 2:30PM	Anti-racism in Nursing: Where do we Begin? <i>Danielle (Danni) Wills, BSN, RN, PHN, PED-BC and La’Anna Johnson, RN, BSN, PHN, CCRN</i> Describe the mission and vision of FUSION. Define systemic racism, interpersonal racism, implicit bias, microaggressions explain how they impact hematology/oncology patients. Highlight racial disparities in the healthcare system with an emphasis health outcomes. Discuss personal experience and provide insight about the racial climate within healthcare. Empathize with stories where racism was confronted. Encourage and provide initial resources for embarking on personal journey to combat improve the racial climate within healthcare. Engage in discussion regarding experiences related to systemic racism, interpersonal racism, implicit bias, microaggressions.