



2021 Annual Conference
**Not on Our Watch: Patient
Safety and Communication**

April 15-16, 2021

Sheraton Minneapolis West
Minnetonka MN 55305

The AWHONN MN Section Education Committee thanks you for attending our Annual Conference. We encourage you to enjoy your time here, networking with colleagues and rejuvenating your spirit, all while absorbing the latest information in evidence-based, patient-centered care.

Schedule of Events & Objectives

Thursday, April 15th

7:30 – 8:00am	Registration, Visit with Vendors, Breakfast
8:00 – 9:30am	Documentation: Connecting Points for Quality Care and Communication in 2021 <i>Rebecca Cypher, MSN, PNNP</i> Name four elements of a liability claim. Identify the impact of documentation on malpractice allegations. Discuss the CLEAR approach to documentation.
9:30 -10:00am	Break, Visit with Sponsors
10:00-11:30am	Corrective Measures: Taking a Proactive Approach to Category II FHR Tracings <i>Rebecca Cypher, MSN, PNNP</i> Review FHR principles using a standardized approach. Discuss prevalence of intrapartum Category II FHR tracings. Recognize optimal management strategies for Category II FHR tracings.
11:30-12:30pm	Lunch, Visit with Sponsors
12:30 –1:30pm	Lessons Learned from the COVID-19 Pandemic <i>Rebecca Hesse, MPH, RN, CIC; Becky Gams, MS, APRN, BC-WHNP Lisa Johnson, MHA, BSN, RN; Julie Shelton, CNS</i> Discuss lessons learned from the COVID-19 pandemic (readiness, staffing, treatment algorithms, etc.). Identify potential impact to the patient, regardless of COVID status. Strategize ways to prepare health systems, caregivers, and patients for future pandemics.
1:30-2:30 pm	Survivors Panel <i>Sarah Rucker-Johanson, MSN, RN</i> presents Chronic Hypertension with Superimposed Severe Preeclampsia <i>Lindsey Thurber, RNC-OB</i> presents Preterm, Septic, Strep-A, Abruption: Zander’s Birth Story Provide a unique perspective into a patient’s journey through a complicated and high-risk pregnancy and delivery.
2:30-2:45 pm	Break: Chocolate Moment, Visit with Sponsors
2:45 – 4:00 PM	Doulas in the Birth Room – Collaboration for Better Outcomes <i>Liz Hochman FACCE, LCCE, CLC, CD(DONA); Nicole Stecker MN, RN, IBCLC, LCCE, BD</i> Discuss qualifications, scope, and demographics of the doula. Review the role of the doula and how to effectively use doulas to promote optimal health outcomes. Identify tools of how to gain a partnership with the doula to utilize the doula’s relationship with the patient.

Friday, April 16th

Poster Presentations available during registration, breaks and lunch

Poster presentations are original and pertain to completed clinical education, leadership change or evidence-based practice projects related to women's health, obstetric and/or neonatal practice, education or administration. Each poster has specific, individualized, objectives and presenters will be available for questions and discussion.

7:30 – 8:00am Registration, Poster Presentations, Breakfast

By the Community, For the Community: Community-Based Initiatives to Improve Poor Birth Outcomes and Reduce Infant Mortality in the Black/African American Population in Minnesota

*Michelle Chiezah, MA, MPH; Helen Jackson Lockett-El; LaSherion McDonald, BA
Tamiko Ralston, BSN, MA; Akhmiri Sekhr-Ra, BA, CPE Trainer*

8:00 – 9:30am

Define infant mortality and describe variations in trends, causes, and contributing factors across populations in Minnesota and the U.S. Discuss reducing infant mortality in the context of health equity, and identify opportunities for interventions to reduce disparity in rates between populations or groups in Minnesota. Describe authentic community engagement and the importance of changing the narrative in addressing infant mortality in the Black/African American community. Discuss practices in understanding the importance of partnering and listening to the families we serve to address infant mortality.

9:30 -10:00am Break, Poster Presentations

Cardiopregnancy

Retu Saxena, MD

10:00-11:00am

Review the importance of cardiopregnancy. Discuss the statistics and current guidelines around cardiopregnancy. Evaluate heart disease in pregnancy. Recognize novel risk factors for heart disease in women, especially adverse pregnancy outcomes. Outline follow up recommendations.

11:00- 12:00am Lunch, Poster Presentations

Trauma Informed Care

Jayne Conley Braun, LISCW

12:00 -1:00PM

Increase understanding of social, emotional, behavioral, physical, and psychological impact of trauma. Increase knowledge and understanding of Trauma Informed Care. Identify at least three trauma informed strategies to use in daily interactions.

Supporting Mom and Baby – The Eat, Sleep, Console Evaluation for NAS

Ancil “AJ” Abney, MD; Becky Gams, MS, APRN, BC-WHNP

Samantha A Sommerness, DNP, APRN, CNM

1:00 – 2:00PM

Discuss neonatal abstinence syndrome (NAS) history. Introduce the Eat, Sleep, Console algorithm. Reinforce the efficacy of the mom-baby dyad in the treatment of NAS. Review non-pharmacological treatment of NAS.

Fetal Malposition in Labor. How to prevent, identify, and promote rotation.

Ann Marie Gilligan, RN, SANE-A, LNC, Evidence Based Birth® Instructor, Prenatal Yoga Instructor, SpBAP

2:00-3:00 PM

Discuss how to prevent malposition of the infant in the third trimester. Identify via viewing of the pregnant abdomen Leopold's maneuver. Review anatomy/physiology of maternal/fetal structures associated with birth. Discuss Gilligan's Guide to Maternal Positioning: An Algorithm to Guide You in Labor.

Continuing Education Information

This two-day event, including 60 minutes on Day 2 for poster presentations, has been designed to meet the criteria for up to 16.5 contact hours (7.5 on Day 1 and 9.0 on Day 2).

This program has been designed to meet the Minnesota Board of Nursing rules implementing mandatory continuing education, provisions of the Minnesota Nurse Practice Act. It is the responsibility of the individual to determine if the program meets Board of Nursing criteria. Since this program has been designed to meet the criteria for continuing education as defined by the Minnesota Board of Nursing, it may be approved by other health licensing boards or associations. It is the responsibility of the licensee to determine applicability of this program for licensing requirements for their profession.

After completion of this conference, please go to

http://awhonnminnesota.org/post_conference_survey to complete the post-conference survey. Upon completion, your Attendance Certificate(s) will be emailed to you.

Poster Presentations are original and pertain to completed clinical education, leadership change or evidence-based practice projects related to women's health, obstetric and/or neonatal practice, education or administration. Each poster has specific, individualized, objectives and presenters will be available for questions and discussion.

Title: Implementing Birthplace Professional Development Competency: An Innovative Program

Authors and Poster Presenters: Nanette Vogel, MS, RNC-OB, EFM, Clinical Education Specialist, Women's and Children's Service Line, M Health Fairview, nvogel3@fairview.org and Rhianna Britton, MS, RNC-OB, EFM, Clinical Education Specialist, Women's and Children's Service Line, M Health Fairview, RKBritton@healtheast.org

Description: A large, metropolitan hospital system developed a standardized approach to verify competence of Birthplace staff at nine hospitals. The purpose of this innovative program was to level set practice expectations, to meet regulatory standards for competency validation and to safely disseminate a professional development program during a global pandemic. Prior to implementation of the innovative program, there were inconsistent processes for competency/skills days. Following implementation of the Birthplace Professional Development Competencies, standardization was achieved. Lessons were designed to evaluate knowledge acquisition and clinical judgment. **Behavioral Objectives:** Describe a program to determine core obstetric nursing competencies that are defined, measured and evaluated according to an expected level of performance. Determine how competence can be evaluated using tools that capture objective and subjective data about the individual's knowledge, skills, abilities, and judgment. Explain how to deliver a competency program to over 700 nurses in nine delivering hospitals during a global pandemic.

Title: Enhancing the implementation of skin-to-skin contact between neonate and parent during the “golden hour” or first hour of life: A quality improvement partnership project

Author and Poster Presenter: Nicole Osborn, SN Osborn.Nicole34@gmail.com

Description: Current recommendations state that skin-to-skin should be implemented for at least one hour post-delivery, or the golden hour. This quality improvement project seeks to increase the frequency and duration of skin-to-skin contact in the hospital setting. Through evaluating current practices in a local hospital, as well as determining staff nurses’ knowledge on the benefits of this practice, barriers to and recommendations for increasing the frequency of skin-to-skin contact during the golden hour were determined. **Behavioral Objectives:** Identify the benefits of skin-to-skin contact during the golden hour, or one hour post-delivery. Describe strategies to increase skin-to-skin contact in the hospital setting. Identify common barriers to implementing skin-to-skin contact and how to move past them.

Title: Improving Substance Use Screening in Pregnancy: Implementation of a Substance Use Screening Tool at the Initial Prenatal Visit

Authors and Poster Presenters: Alison Newton, BSN, RN, DNP, Women’s Health Gender-Related Nurse Practitioner Student, University of Minnesota

Description: Multiple professional organizations recommend universal substance use screening in pregnancy using an evidence-based screening tool, and screening is to begin at the first obstetric (OB) visit. This DNP project implemented a pregnancy-validated substance-screening tool (the 4 Ps) at all new OB phone intakes. The aim was to increase the rate of prenatal substance use screening at the project site through the use of a pregnancy-validated substance-screening tool. **Behavioral Objectives:** Describe the prevalence of substance use in pregnancy. Discuss the importance of universal substance use screening at every new OB visit. Identify key aspects of the following: substance screening recommendations in pregnancy; the importance of using a pregnancy-validated screening tool; and the impact of staff education on substance screening rates.

Title: The Period of PURPLE Crying: An Evidence-Based Program to Increase Knowledge of Normal Infant Crying and Prevent Shaken Baby Syndrome.

Authors and Poster Presenters: Gabriella Riche, BSPH, Prevention Implementation Coordinator at National Center on Shaken Baby Syndrome (NCSBS) griche@dontshake.org; Danielle Vazquez, BSW, Program Director NCSBS, dvazquez@dontshake.org

Description: Shaken baby syndrome is the leading cause of infant mortality due to physical abuse. The number one trigger for shaken baby syndrome and other forms of infant physical abuse is crying. This poster presentation explores the evidence that connects parent education about normal infant crying to a reduction in the incidence of shaken baby syndrome. **Behavioral Objectives:** Recognize that inconsolable crying is a normal part of child development and is the number one cause of shaken baby syndrome. Learn about an evidence-based education method to increase parental knowledge of this crying with the aim of reducing shaken baby syndrome and infant physical abuse. Understand the recent research supporting effectiveness of delivering shaken baby syndrome prevention education to parents/caregivers of newborns and understand the need for this education in Minnesota families.

Title: Enhanced Couplet Care (ECC): An Innovative Care Model Delivering the Highest Quality Care, While Reducing Mother-Baby Separation, Even in the Setting of Increased Acuity.

Author and Poster Presenter: Amy Clark BSN, Ops Manager Post-Partum, NICU, Lactation, Regions Hospital, phone: 651-495-3024; Theresa Hirte-Runtsch MSN, BA, RNC-NIC, RNC-LRN THirteRuntsch@gmail.com

Description: Research has shown improved mother and baby outcomes when care is family-centered, encouraging parents to participate in their infant's care actively. Regions Family Birth Center has implemented a new care model. It keeps mothers and specific NICU diagnosis (Hypoglycemia, late preterm, Triple I, SGA 1800-2000 grams) to be cared for by a highly trained RN skilled in caring for both populations. The ECC rooms specifically are designed with maternal and NICU headwalls for emergencies.

Behavioral Objectives: Identify rationale for keeping babies with pre-established NICU diagnosis in the same room as mother. Describe the staff education and preparation required to implement ECC. Identify what makes Enhanced Couplet Care (ECC) Unique from couplet care in the post-partum setting.

Title: Adapting Clinical Evaluation Methods during COVID-19: A Student/Faculty Partnership

Author and Poster Presenter: Laura Thibos, BSN, RN WHNP DNP student University of Minnesota, Thibo034@umn.edu

Description: A critical step in moving towards graduation of a Doctor of Nursing Program is evaluation from faculty. The gap in observation of students in clinical practice existed prior to COVID and was compounded by COVID and the resulting restrictions. The pandemic led to the calling for creative solutions to help students complete their clinical hours and graduate on time. This poster explores how simulation affects students' perspective of learning while allowing faculty to evaluate them. **Behavioral Objectives:** Identify barriers to in-person clinic site visits for student evaluation. Describe the benefits of simulation-based education for graduate level students. Identify the possible consequences of using simulation as the only method for evaluation of students' skills.

Conference Faculty and Planning Committee (*Denotes Conference Faculty)

**Ancil "AJ" Abney, MD; Pediatric Hospitalist, University of Minnesota Masonic Children's Hospital / USF Saint Joseph Children's Hospital*

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Bonnie Hansen; AWHONN MN Section Conference Coordinator

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**Liz Hochman, FACCE, LCCE, CLC, CD(DONA); Lamaze Educator and Certified Doula*

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Stephanie Webb, MSN, RNC; Woodwinds MCC Manager; AWHONN MN Section Chair

Participants

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Wendi	Wiese		Draeger
Melinda	Willard	RN	Sanford Health
Lindsey	Wimmer		Star Legacy Foundation
Constance	Wolf	Registered Nurse	Lakeview Hospital
Norma	Wymore		Gideon International
Nancy	Yang	RN, PHN	United
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