

ELEVATIONS

Dance Academy Leeds



PROSPECTUS
2024-2025



ABOUT US

We are a family-run school committed to providing a warm and safe learning environment that fosters growth and development.

Catering to a diverse range of students, from hobbyists to aspiring professionals, we offer a comprehensive range of dance classes including nursery, primary, high school, and college levels. Our adult programme is specifically designed for mature ladies aged 18 and above.



DANCE CLASSES

- Ballet
- Creative Dance
- Tap
- Jazz
- Musical Theatre
- Contemporary
- Street Dance

CLASS DESCRIPTIONS

BALLET

Our ballet classes for children focus on building a strong technical foundation while fostering a love for dance. Through engaging and supportive instruction, students progress from basic fundamentals to more advanced techniques. The curriculum, based on the International Dance Teachers' Association (IDTA) and Royal Academy of Dance (RAD) syllabi, incorporates elements of mime and storytelling, encouraging creative expression. With guidance from experienced instructors, young dancers develop discipline, confidence, and a passion for classical ballet.

STREET DANCE

Our street dance classes bring the high-energy, creative styles of urban dance to students of all levels. Through dynamic choreography and freestyle movement, students will develop their rhythm, coordination, and self-expression.

These classes provide a supportive and exciting environment for dancers to explore this modern dance style to the latest chart music.

CONTEMPORARY

Typical of what you see on all of the latest dance TV programmes, our contemporary dance classes blend elements of modern, ballet, and jazz to create a versatile and expressive dance form. Students will explore fluid movements, floor work, and improvisation, enhancing their technique, creativity, and emotional expression. These classes provide a supportive environment for dancers of all levels to discover the freedom and artistry of contemporary dance.

TAP

Our tap dance classes offer an energetic and fun way for students to develop rhythm, coordination, and musicality. Through a blend of traditional and contemporary tap techniques, students learn to create intricate patterns and sounds with their feet. Classes are designed to be engaging and supportive, allowing dancers of all levels to progress and enjoy the dynamic world of tap dance.

MUSICAL THEATRE

Our musical theatre classes combine singing, dancing, and acting to bring the magic of West-End to life. Students will develop their performance skills through dynamic choreography, vocal training, and scene work from popular musicals. These classes offer a supportive and fun environment for aspiring performers to build confidence, creativity, and stage presence.

CREATIVE DANCE

Creative Dance is a delightful introduction to the world of movement and music. Combining the fundamentals of ballet with the fun of modern songs, this class encourages young dancers to explore rhythm, coordination, and self-expression in an engaging and playful environment. Through imaginative activities and age-appropriate choreography, children develop their motor skills, balance, and confidence, all whilst having a wonderful time dancing to a mix of classical and contemporary tunes.

ADULT CLASSES



Are you inspired by the likes of Fred Astaire, Darcey Bussell, or Beyoncé? Look no further! We proudly present our range of Adult Classes tailored specifically for mature ladies. Whether you are reigniting an old passion or seeking a new adventure for fun and fitness, we have the perfect class to match your aspirations.

Indulge in the timeless elegance of Ballet, where grace and technique harmonise to create beautiful movements. Immerse yourself in the infectious energy and rhythms of Jazz Dance, exploring expressive movements and dynamic choreography. If you've always dreamed of creating captivating rhythms with your feet, our Tap Dance class will ignite your passion for percussive footwork. For those drawn to urban vibes and contemporary flair, our Street Dance class is bound to get you moving and grooving.

We are also proud to offer the Royal Academy of Dance Silver Swans programme, designed specifically for mature dancers, focusing on improving mobility, posture, coordination, and energy levels.

[CLICK HERE TO BOOK ONLINE](#)

MONDAYS

10:30 Silver Swans Beginners Ballet

TUESDAYS

19:15 Street Dance Open Level
20:00 Jazz 'West-End' Open Level
20:45 Tap Improvers Level

THURSDAYS

20:05 Ballet Improvers Level



GYMNASTICS



Elevations Dance is proud to be affiliated with Defying Gravity Gymnastics Club, a partnership that seamlessly blends the disciplines of dance and gymnastics to enhance our students' overall learning experience.

This collaboration works exceptionally well as both arts share a focus on strength, flexibility, coordination, and performance.

By combining our expertise, we provide a comprehensive programme that allows students to develop a diverse skill set, fostering their growth and development in a supportive and dynamic environment

4-piece- bars, beam, floor and vault

[CLICK HERE TO BOOK](#)

SATURDAYS

- 14:30 Reception-Year 1
- 15:15 Year 2- Year 4
- 16:00 Year 5+
- 16:45 Elite Squad (2 hours)

OPPORTUNITIES

We realise some children want to attend our classes purely for skill, pleasure, friendship and fitness. However, we must let you know that opportunities are in place for students who wish to perform in our annual show and/or take an examination. Whilst we encourage participation/entry, the choice is always yours.



PERFORMANCES

Students and parents alike eagerly anticipate our annual performance. Held in a professional working theatre, complete with sophisticated lighting, sound, and stunning costumes, this event showcases the hard work and dedication of our students. It is a magical time that brings our community together, celebrating the talents and achievements of everyone involved. Usually held around March.

EXAMINATIONS

We have regular examination sessions with the RAD and IDTA throughout the year. We will let you know if your child is ready for an examination, and will invite you for entry. If your child doesn't want to do an exam, but has successfully satisfied us/completed the grade level of work (i.e. for ballet or tap), we are most happy to let students progress to the next level without formal entry.

TERM DATES 2024-2025



TERM 1

- Sat 7 Sept Classes begin
- Sun 20 Oct Half Term Closure - 2 weeks
- Mon 4 Nov Classes begin
- Sun 15 Dec Christmas Closure- 3 weeks

TERM 2

- Mon 6 Jan Classes begin
- Sun 16 Feb Half Term Closure - 1 week
- Mon 24 Feb Classes begin
- Sun 6 Apr Easter Closure- 2 weeks
- Mon 21 April Closed- Easter Monday

TERM 3

- Tue 22 April Classes begin
- Mon 5 May Closed- Early May Bank Holiday
- Sun 25 May Half Term Closure- 1 week
- Mon 2 June Classes begin
- Sun 13 July Summer Closure

BOOKINGS

If you are a current student who is RENEWING, please email the Academy.
Existing students had a period of priority up until 13th July.

NEW STUDENTS

Childrens Dance Classes: You can book a trial class for September by clicking here. If your first class is a success you would then be invoiced for the term. Some classes listed in the prospectus may not be available for online booking via the above form. Why? The class might be ability dependent so we would ask you to get in touch to discuss previous knowledge/skills (G2+ Ballet and Tap classes) OR it might be the case that the class is now at capacity with pre-existing students during priority period therefore we have not included the class for public booking. To join the waiting list for an unavailable class, please click here.

Ballet and Boogie: Classes are booked half termly, There is a two week 'grace period' to request a refund in the unlikely event you find the session unsuitable. Book here for Ballet & Boogie.

Adult Classes: Classes are booked via short blocks. There is a two week 'grace period' to request a refund in the unlikely event you find the session unsuitable. If you'd like to book an adult class, please click here.

Gymnastics: Classes are booked directly with our affiliated club-'Defying Gravity Gymnastics'. To request a place click here.

TIMETABLE KEY

SMI= St Martins Institute

UH= Upper Hall

LH= Lower Hall

LBH= Lower Back Hall

CAPS= Chapel Allerton Primary School

DH= Dining Hall

SH= Small Hall

MH= Main Hall

HB= Mrs Hayley Byrne

LB= Miss Laura Bull

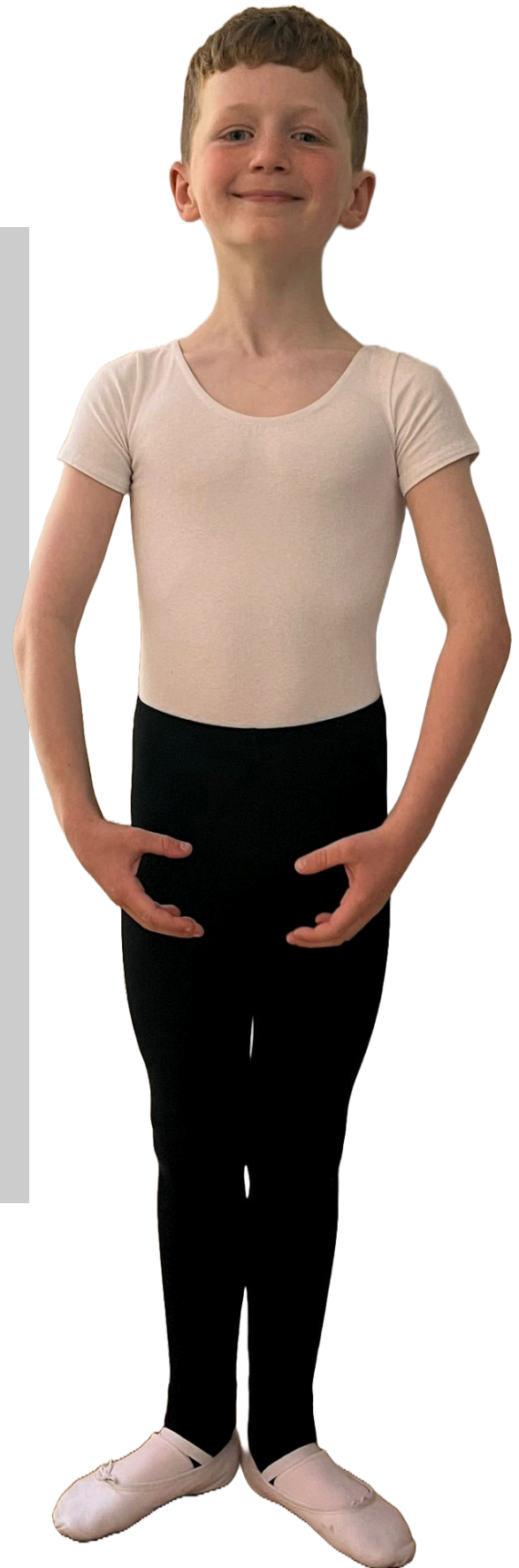
NH= Miss Nel Hales

AB= Mrs Annie Bennett

SB= Mrs Sophie Bentley

MW= Miss Maisie Wood

NM= Mr Nillanthie Morton



PRE-SCHOOL CLASSES



CREATIVE DANCE

Independent.

Suggested age 3-4 yrs

Saturday Mornings:

Chapel Allerton Primary

Session 1: 10:00am-10:30am

Session 2: 11:10am-11:40am

[CLICK HERE TO BOOK](#)



BALLET & BOOGIE

With Parent/Guardian.

Suggested age 2-4 yrs

Monday Mornings:

St Martins Institute

9:45am-10:25am

[CLICK HERE TO BOOK](#)



RECEPTION CLASSES



Monday	17:00-17:50	Street Dance & Musical Theatre	REC-Y1	LBH	SMI	HB
Tuesday	16:00-16:30	Contemporary	REC-Y2	LH	SMI	LB
Tuesday	16:30-17:00	Street Dance	REC-Y2	LH	SMI	LB
Thursday	16:00-16:30	Prep Ballet	REC-Y1	LH	SMI	AB
Thursday	16:30-17:00	Street Dance	REC-Y1	LH	SMI	AB
Thursday	17:00-17:30	Musical Theatre	REC-Y1	LH	SMI	AB
Friday	16:00-16:50	Prep Ballet & Tap	Rec- Y1	LH	SMI	HB
Friday	16:50-17:40	Street Dance & Musical Theatre	Rec- Y2	LH	SMI	HB
Saturday	09:20-10:00	Street Dance	REC- Y1	SH	CAPS	HB
Saturday	10:30-11:10	Street Dance	REC- Y1	SH	CAPS	HB
Saturday	11:40-12:30	Prep Ballet & Tap	REC-Y1	SH	CAPS	HB
Saturday	10:00-10:30	Prep Ballet	REC- Y1	MH	CAPS	LB

YEAR 1 CLASSES

Monday	17:00-17:50	Street Dance & Musical Theatre	REC-Y1	LBH	SMI	HB
Tuesday	16:00-16:30	Contemporary	REC-Y2	LH	SMI	LB
Tuesday	16:30-17:00	Street Dance	REC-Y2	LH	SMI	LB
Thursday	16:00-16:30	Prep Ballet	REC-Y1	LH	SMI	AB
Thursday	16:30-17:00	Street Dance	REC-Y1	LH	SMI	AB
Thursday	17:00-17:30	Musical Theatre	REC-Y1	LH	SMI	AB
Friday	16:00-16:50	Prep Ballet & Tap	Rec- Y1	LH	SMI	HB
Friday	16:50-17:40	Street Dance & Musical Theatre	Rec- Y2	LH	SMI	HB
Saturday	09:20-10:00	Street Dance	REC- Y1	SH	CAPS	HB
Saturday	10:30-11:10	Street Dance	REC- Y1	SH	CAPS	HB
Saturday	11:40-12:30	Prep Ballet & Tap	REC-Y1	SH	CAPS	HB
Saturday	10:00-10:30	Prep Ballet	REC- Y1	MH	CAPS	LB



YEAR 2 CLASSES

Monday	17:00-17:50	Street Dance & Musical Theatre	Y2-Y4	LH	SMI	AB
Tuesday	16:00-16:30	Contemporary	REC-Y2	LH	SMI	LB
Tuesday	16:30-17:00	Street Dance	REC-Y2	LH	SMI	LB
Thursday	16:00-16:30	Primary Ballet	Y2-Y3	UH	SMI	LB
Thursday	16:30-17:00	Street Dance	Y2-Y3	UH	SMI	LB
Thursday	17:00-17:30	Musical Theatre	Y2-Y3	UH	SMI	LB
Friday	16:50-17:40	Street Dance & Musical Theatre	Rec- Y2	LH	SMI	HB
Friday	16:00-16:50	Primary Ballet & Tap	Y2-Y3	UH	SMI	SH
Friday	17:40-18:10	Contemporary	Y2-Y5	UH	SMI	SH
Saturday	08:30-09:20	Primary Ballet & Tap	Y2-Y3	MH	CAPS	LB
Saturday	09:20-10:00	Street Dance	Y2-Y3	MH	CAPS	LB
Saturday	10:30-11:10	Street Dance	Y2- Y3	MH	CAPS	LB
Saturday	10:00-10:30	Primary Ballet	Y2-Y3	DH	CAPS	AB



YEAR 3 CLASSES

Monday	17:00-17:50	Street Dance & Musical Theatre	Y2-Y4	LH	SMI	AB
Monday	17:50-18:30	Contemporary	Y3-Y6	LH	SMI	AB
Tuesday	16:00-16:40	Contemporary	Y3-Y6	UH	SMI	MW
Tuesday	16:45-17:30	Street Dance	Y3-Y6	UH	SMI	MW
Thursday	17:30-18:00	G1 Ballet	Y3-Y4	LH	SMI	AB
Thursday	18:00-18:40	Street Dance	Y3-Y6	LH	SMI	AB
Thursday	18:40-19:20	Musical Theatre	Y3-Y6	LH	SMI	AB
Thursday	16:00-16:30	Primary Ballet	Y2-Y3	UH	SMI	LB
Thursday	16:30-17:00	Street Dance	Y2-Y3	UH	SMI	LB
Thursday	17:00-17:30	Musical Theatre	Y2-Y3	UH	SMI	LB
Friday	17:40-18:10	G1 Tap	★	LH	SMI	HB
Friday	18:10-18:40	G1 Ballet	Y3-Y5	LH	SMI	HB
Friday	16:00-16:50	Primary Ballet & Tap	Y2-Y3	UH	SMI	SH
Friday	16:50-17:40	Street Dance & Musical Theatre	Y3-Y6	UH	SMI	SH
Friday	17:40-18:10	Contemporary	Y2-Y5	UH	SMI	SH
Friday	18:45-19:25	Junior Jazz	Y3-Y6	UH	SMI	SH
Saturday	11:10-11:40	G1 Ballet	Y3-Y5	SH	CAPS	HB
Saturday	08:30-09:20	Primary Ballet & Tap	Y2-Y3	MH	CAPS	LB
Saturday	09:20-10:00	Street Dance	Y2-Y3	MH	CAPS	LB
Saturday	10:30-11:10	Street Dance	Y2-Y3	MH	CAPS	LB
Saturday	10:00-10:30	Primary Ballet	Y2-Y3	DH	CAPS	AB



YEAR 4 CLASSES

Monday	17:00-17:50	Street Dance & Musical Theatre	Y2-Y4	LH	SMI	AB
Monday	17:50-18:30	Contemporary	Y3-Y6	LH	SMI	AB
Tuesday	16:00-16:40	Contemporary	Y3-Y6	UH	SMI	MW
Tuesday	16:45-17:30	Street Dance	Y3-Y6	UH	SMI	MW
Thursday	17:30-18:00	G1 Ballet	Y3-Y4	LH	SMI	AB
Thursday	18:00-18:40	Street Dance	Y4-Y6	LH	SMI	AB
Thursday	18:40-19:20	Musical Theatre	Y4-Y6	LH	SMI	AB
Friday	17:40-18:10	G1 Tap	★	LH	SMI	HB
Friday	18:10-18:40	G1 Ballet	Y3-Y5	LH	SMI	HB
Friday	16:50-17:40	Street Dance & Musical Theatre	Y3-Y6	UH	SMI	SH
Friday	17:40-18:10	Contemporary	Y2-Y5	UH	SMI	SH
Friday	18:45-19:25	Junior Jazz	Y3-Y6	UH	SMI	SH
Saturday	11:10-11:40	G1 Ballet	Y3-Y5	SH	CAPS	HB
Saturday	08:30-09:20	Contemporary	Y4-Y6	DH	CAPS	AB
Saturday	09:20-10:00	Street Dance	Y4-Y6	DH	CAPS	AB
Saturday	10:30-11:10	Street Dance	Y4-Y6	DH	CAPS	AB



YEAR 5 CLASSES

Monday	17:50-18:30	Contemporary	Y3-Y6	LH	SMI	AB
Monday	17:00-17:50	Street Dance & Musical Theatre	Y5-Y6	UH	SMI	NH
Tuesday	16:00-16:40	Contemporary	Y3-Y6	UH	SMI	MW
Tuesday	16:45-17:30	Street Dance	Y3-Y6	UH	SMI	MW
Thursday	18:00-18:40	Street Dance	Y4-Y6	LH	SMI	AB
Thursday	18:40-19:20	Musical Theatre	Y4-Y6	LH	SMI	AB
Friday	17:40-18:10	G1 Tap	★	LH	SMI	HB
Friday	18:10-18:40	G1 Ballet	Y3-Y5	LH	SMI	HB
Friday	16:50-17:40	Street Dance & Musical Theatre	Y3-Y6	UH	SMI	SH
Friday	17:40-18:10	Contemporary	Y2-Y5	UH	SMI	SH
Friday	18:45-19:25	Junior Jazz	Y3-Y6	UH	SMI	SH
Saturday	11:10-11:40	G1 Ballet	Y3-Y5	SH	CAPS	HB
Saturday	08:30-09:20	Contemporary	Y4-Y6	DH	CAPS	AB
Saturday	09:20-10:00	Street Dance	Y4-Y6	DH	CAPS	AB
Saturday	10:30-11:10	Street Dance	Y4-Y6	DH	CAPS	AB



YEAR 6 CLASSES

Monday	17:50-18:30	Contemporary	Y3-Y6	LH	SMI	AB
Monday	17:00-17:50	Street Dance & Musical Theatre	Y5-Y6	UH	SMI	NH
Tuesday	16:00-16:40	Contemporary	Y3-Y6	UH	SMI	MW
Tuesday	16:45-17:30	Street Dance	Y3-Y6	UH	SMI	MW
Thursday	18:00-18:40	Street Dance	Y4-Y6	LH	SMI	AB
Thursday	18:40-19:20	Musical Theatre	Y4-Y6	LH	SMI	AB
Friday	16:50-17:40	Street Dance & Musical Theatre	Y3-Y6	UH	SMI	SH
Friday	18:45-19:25	Junior Jazz	Y3-Y6	UH	SMI	SH
Saturday	08:30-09:20	Contemporary	Y4-Y6	DH	CAPS	AB
Saturday	09:20-10:00	Street Dance	Y4-Y6	DH	CAPS	AB
Saturday	10:30-11:10	Street Dance	Y4-Y6	DH	CAPS	AB



HIGH SCHOOL/ SIXTH FORM CLASSES

Monday	19:45-20:30	Jazz	Y7- Y10	UH	SMI	AB
Monday	19:45-20:30	Street Dance	Y7-Y10	UH	SMI	NH
Tuesday	17:30-18:10	Contemporary	Y7-Y8	UH	SMI	NM
Tuesday	18:10-18:50	Street Dance	Y7-Y10	UH	SMI	NM
Tuesday	18:50-19:30	Contemporary	Y8-Y10	UH	SMI	NM
Tuesday	19:30-20:10	Street Dance	Y11-Y13	UH	SMI	NM
Tuesday	20:10-20:50	Contemporary	Y11-Y13	UH	SMI	NM
Thursday	18:00-18:40	Street Dance	Y7-Y9	UH	SMI	LB
Thursday	18:40-19:20	Musical Theatre	Y7-Y9	UH	SMI	LB
Friday	18:45-19:25	Jazz	Y10-Y13	LH	SMI	HB

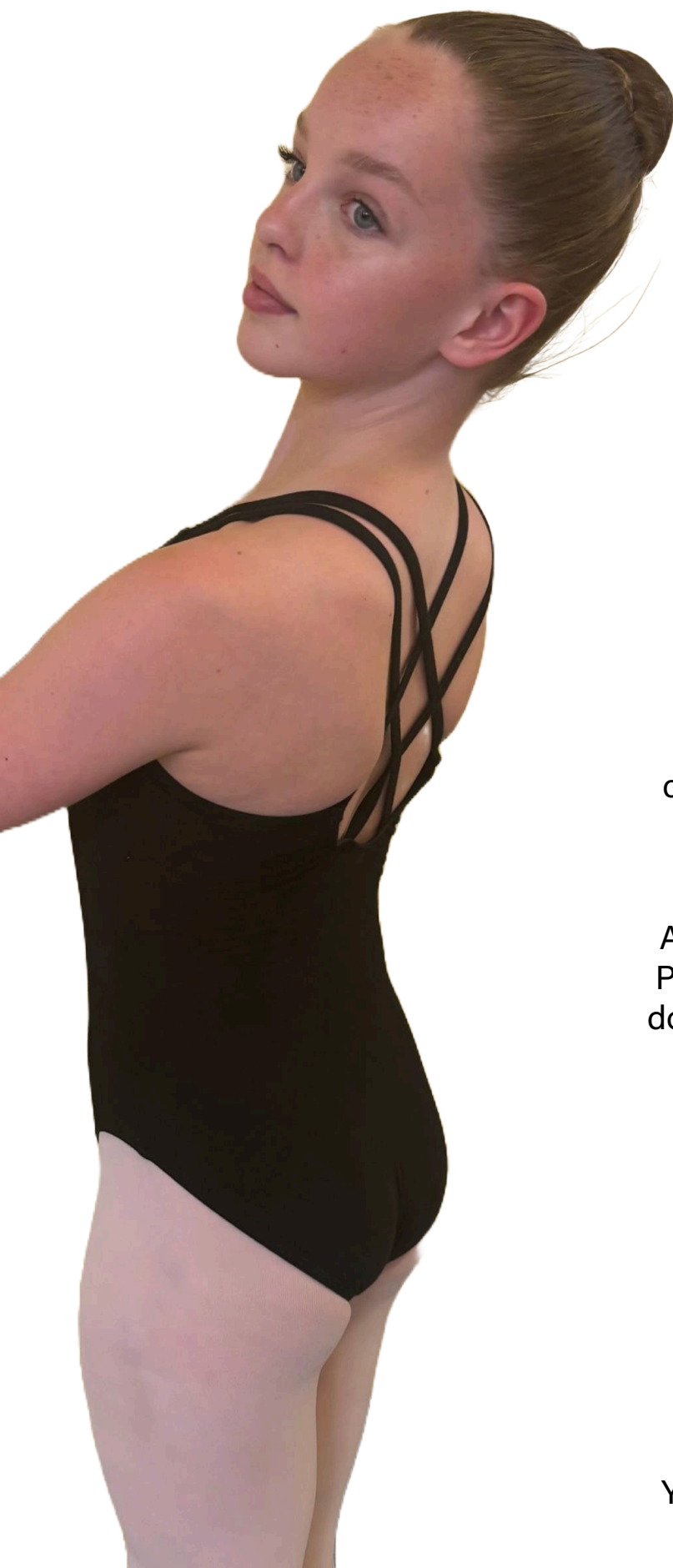


ABILITY DEPENDENT CLASSES

Monday	16:00-16:55	G2 Ballet & G2 Tap	★	UH	SMI	HB
Monday	16:00-16:55	G2 Ballet & G1 Tap	★	LH	SMI	AB
Monday	18:30-19:15	G4 Ballet	★	LH	SMI	AB
Monday	19:15-19:45	G3 Tap	★	LH	SMI	AB
Monday	17:50-18:30	Pointe	IMP	UH	SMI	NH
Monday	18:30-19:15	G3 Ballet	★	UH	SMI	NH
Monday	19:15-19:45	Tap (Teens G3+ level)	★	UH	SMI	NH
Monday	18:00-18:30	Pointe	BEG	LBH	SMI	HB
Monday	18:30-20:30	Exam Coaching	★	LBH	SMI	HB
Tuesday	17:00-17:45	Intermediate Tap	★	LH	SMI	LB
Tuesday	17:45-18:15	Pointe	ADV	LH	SMI	LB
Tuesday	18:15-19:00	Intermediate Ballet	★	LH	SMI	LB
Thursday	19:20-20:00	G3 Ballet	★	LH	SMI	AB
Thursday	20:00-20:30	Pointe	IMP	LH	SMI	AB
Thursday	17:30-18:00	G2 Ballet	★	UH	SMI	LB
Thursday	19:20-20:00	G4 Ballet	★	UH	SMI	LB
Friday	18:10-18:40	G2 Ballet	★	UH	SMI	SH
Saturday	08:30-09:20	G1 Ballet & G1 Tap	★	SH	CAPS	HB
Saturday	11:15-11:45	G2 Tap	★	MH	CAPS	LB
Saturday	11:45-12:30	G3 Ballet	★	MH	CAPS	LB
Saturday	11:40-12:30	G1 Ballet & G1 Tap	★	DH	CAPS	AB



FEES



CHILDREN'S DANCE CLASSES

- 30 MIN CLASSES £4.75
- 40 & 45 MIN CLASSES £6.00
- 50 MIN CLASSES £6.50
- 55 MIN CLASSES £7.00
- PARENT & CHILD CLASSES £7.50

Membership/ Insurance fee of £10 per academic year for independent childrens classes. Parent and Child sessions exempt.

ADULT DANCE CLASSES

Adult classes are booked via short courses. Payment is taken at the time of booking. We do offer a two-week 'grace period' whereby a refund can be requested if the participant finds the course unsuitable.

View courses [here](#).

- SILVER SWANS OAP £5.00
- 45 MIN CLASSES £6.00
- 30 MIN CLASSES £5.00

DEFYING GRAVITY GYMNASTICS CLUB

You can view Gymnastics information [here](#).

CONTACT US

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