



L.A.P.D. TRIATHLON CLUB

September Sensational Saturday Schedule

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Date	Requested By	Ride Captain	Time	Meeting Place	Ride Details	Distance
2/9/17	Club Session	Ben /Jacquie	6.30am	Lansdowne Park Henry Lawson Dr Bass Hill	Brick Session	Various
	Rebels Ride Brian	Brian	6.30am	Nth Turrumurra Shops	Galston Gorge /Pie in Sky	70k
					Galston Gorge / Pie in Sky/ Brooklyn	90k
					Galston Gorge /Pie in Sky /Brooklyn /Mt White	110k
9/9/17	Joe	Joe	6.30am	Bathurst St Shops Greystanes	Silverdale/Cobbity	110k
16/9/17	Club Session	Jacquie/Ben	6.30am	Lansdowne Park Henry Lawson Dr Bass Hill	Brick Session	Various
	Rebels Ride Warwick	Mr Williams	6.30am	Terry Hills Shops	1 lap 2 Laps	55k 110k
23/9/17	Ben	Ben	6.30am	Bathurst St Shops	Windsor / Richmond Winmalee/ Penrith Luddenham	80k 100k 120k
30/9/17	Ben	Ben	6.30am	Wanda Beach	Sublime Point Back through National Park	110k 130k

