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## Turmeric Forte

Triple Action  
Healthy Inflammatory Response\*



## Delivering Health Solutions That Work

MediHerb® was co-founded in 1986 by world-renowned phytotherapist, Professor Kerry Bone. In his words, "Our passion at MediHerb® is to unlock the healing power of plants by combining the time-honored wisdom of traditional knowledge with sound clinical experience and the rigor of scientific research. This quest can only be attained by the total commitment to quality and continuous improvement which permeates every aspect of our endeavors."

In over 30 years of operation MediHerb® has not only demonstrated an unwavering commitment to quality in herbal products, we have redefined it. We believe our unique approach to quality sets a standard for herbal products that is unsurpassed in the world today.

Kerry Bone and over 20 health care professionals work within MediHerb® while still maintaining their own clinical practices. We know from our experience that the quality of a product you take makes a huge difference to the health outcome you experience. We dedicate ourselves to researching and making the best possible products to deliver you health solutions that work.

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Triple Action Healthy  
Inflammatory Response\*



Turmeric Forte

MEDI HERB®



# MediHerb® Turmeric Forte

## Standardized for Bioavailable Curcumin\*\*

### Triple Action Healthy Inflammatory Response\*

For more than 5,000 years, Chinese and Ayurvedic traditions have valued Turmeric for its beneficial properties and warm, peppery flavor. Called “holy powder” in India, the golden spice is widely used in Eastern and Asian cuisines, partnering the wonderfully fragrant, flavorful ginger and chilli.

Curcumin, a compound found in Turmeric, is well known for its anti-inflammatory properties. It's also the pigment that gives Turmeric its rich, vibrant color.\*

Curcumin is the active component of the rhizome of Turmeric and is often used as shorthand for the total curcuminoids.

It may function as a powerful aid to maintain good health and has been used traditionally to support healthy joints and digestion, improve liver function and provide antioxidant activity.\*

### What is MediHerb® Turmeric Forte?

MediHerb® Turmeric Forte is a combination of Fenugreek seed and Turmeric rhizome extract, standardized to deliver bioavailable curcumin that may be easier to absorb<sup>†1</sup>: meaning fewer tablets need to be taken to achieve the desired effect.\*

### Who Needs MediHerb® Turmeric Forte?

Adults of any age who require help in terms of maintaining and supporting healthy joints, improving liver health function or supporting digestive health may benefit from this gentle yet powerful formulation.\*

Turmeric's natural antioxidant properties help protect from damaging free radicals by neutralizing them and then stimulating our own antioxidant mechanisms.\*

### How is MediHerb® Turmeric Forte Unique?

MediHerb® Turmeric Forte delivers plant-sourced, bioavailable curcumin.\*<sup>†1</sup>

It is a uniquely well-combined blend of curcuminoids from Turmeric rhizome and soluble fiber from Fenugreek seed – found in clinical studies to have enhanced the bioavailability of curcuminoids.\*<sup>†1</sup>

In a clinical study, the curcumin-fenugreek fiber extracted formulation had **24.8 TIMES** the bioavailability of an equivalent amount of unformulated curcuminoids.\*<sup>†1</sup>

MediHerb® Turmeric Forte is manufactured in Australia to the high standards of international pharmaceuticals Good Manufacturing Practice.

MediHerb's stringent testing processes ensure the curcuminoids are retained in the finished product.



Turmeric (*Curcuma longa*)



Fenugreek (*Trigonella foenum-graecum*)



### Compelling Benefits

MediHerb® Turmeric Forte is a combination of Turmeric rhizome and Fenugreek seed extract.

MediHerb® Turmeric Forte:

- Supports a healthy inflammation response
- Used traditionally to maintain and support healthy joints
- Provides antioxidant activity
- Supports a healthy response to environmental stressors
- Supports healthy liver function
- Used traditionally to support healthy digestion\*

Ask your health care professional today about MediHerb® Turmeric Forte. They will be able to inform you of any cautions to be aware of when taking this product.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

<sup>†1</sup> It contains a dietary ingredient (formulation of curcumin with Fenugreek dietary fiber), which was found to have enhanced bioavailability of curcuminoids than unformulated curcumin in studies.<sup>†1</sup>

<sup>†1</sup> Kumar D et al. Enhanced bioavailability and relative distribution curcuminoids following the oral administration of a food grade formulation with fenugreek dietary fiber: A randomized double-blind crossover study. Journal of Functional Foods. 2016;22:578-587

You Can Rely on Turmeric Forte