

# Cat's Claw Forte

M1182



Quality is our Passion  
Passion Flower (*Passiflora incarnata*)

## Cat's Claw Forte: Immune Support & More

Cat's Claw is a high-climbing vine, native to the Amazon of South America. It has this common name because of the curved and hooked thorns on the vine that look like the claws of a cat. Cat's Claw is one of the plants exclusively used by the indigenous Asháninka shamans of Peru to eliminate disturbances in the communication between body and spirit, and so help maintain health. The Asháninka expression of 'I am healthy' literally means 'I carry harmony'.<sup>1\*</sup>

The stem bark of Cat's Claw (*Uncaria tomentosa*) contains a group of important constituents: the pentacyclic oxindole alkaloids.<sup>2\*</sup>

## How Cat's Claw Forte Keeps You Healthy

### Enhances immune system function & promotes healthy response to environmental stresses

Cat's Claw has been used traditionally to support immune system function.<sup>3\*</sup>

### Assists the body's natural repair processes and promotes vitality

Cat's Claw has been used traditionally to aid the body's natural regeneration and repair functions. In the traditional system of Peru it is regarded as a tonic or restorative. (A tonic is popularly thought of as something that makes you feel better, stronger or healthier.)<sup>3\*</sup>

A small, uncontrolled clinical study confirmed the ability of Cat's Claw extract to aid the body's natural repair functions. It also replenished the body's vital reserves and promoted vitality over the long term.<sup>4\*</sup>

### Supports respiratory system health

Cat's Claw has been used traditionally by indigenous peoples to support respiratory system health.<sup>3\*</sup>

### Why use top quality herbal products from a reliable manufacturer?

Consumers need to be confident of the integrity of the herbal manufacturer to ensure that the correct chemotype is used. (A chemotype is a plant that has a particular profile of chemical constituents. Two plants may be the *same* species, but have *different* chemical profiles.)

There are two different chemotypes of *Uncaria tomentosa*, which are likely to have distinctly different effects on the body. The preferred chemotype contains almost exclusively pentacyclic oxindole alkaloids (POAs), while the other contains POAs and significant quantities of tetracyclic oxindole alkaloids (TOAs). Interestingly, the native Asháninka shamans of Peru are said to be able to identify the correct chemotype – they harvest only the chemotype containing mostly POAs. This is despite the fact that the two chemotypes are botanically identical (ie the plants look identical).<sup>1,2\*</sup>

### Supplement Facts

Serving size:	1 tablet	
Servings per container:	40	
Amount per Serving		%DV
Calories	2	
Calcium	45 mg	4%
Cat's Claw bark 5:1 extract from <i>Uncaria tomentosa</i> bark 2.1 g	421 mg	†
Containing pentacyclic oxindole alkaloids 4.0 mg		
† Daily Value (DV) not established.		

Other ingredients: Calcium acid phosphate, cellulose, hypromellose, magnesium stearate, maltodextrin, silica and sodium starch glycolate.

**Caution:** Contraindicated in pregnancy and lactation.

Product No	Content
M1182	40 Tablets



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Associate Professor Kerry Bone  
MediHerb Co-Founder and  
Director of Research and Development

### A Phytotherapist's Passion

"Philosopher and teacher Rudolf Steiner once said that, for every human illness, somewhere in the world there exists a plant which is the cure. I believe that there is a healing potential locked inside plants which is integral with their evolution, just as it is part of human evolution to learn to tap this wonderful gift of Nature."

\* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## What Makes Cat's Claw Forte Unique

Cat's Claw Forte is unique in the professional herbal products industry because:

- The label states exactly how much each tablet contains of the important plant constituents (pentacyclic oxindole alkaloids)
- MediHerb tests the quantity of pentacyclic oxindole alkaloids and tetracyclic oxindole alkaloids in Cat's Claw raw material
- MediHerb's testing also ensures the pentacyclic oxindole alkaloids are retained in the product throughout manufacture

### Unique Manufacture & Analytical Testing

#### Quality and safety ensured

- Manufactured in Australia to the high standards of international pharmaceutical Good Manufacturing Practice
- Raw materials and finished product are subjected to tough quality standards, including use of the latest and most relevant chemical analysis methods

#### References

<sup>1</sup> Keplinger K, Laus G, Wurm M et al. *J Ethnopharmacol* 1999; **64**: 23-34

<sup>2</sup> Laus G, Brossner D, Keplinger K. *Phytochemistry* 1997; **45**(4): 855-860

<sup>3</sup> Obregón Vilches, Lida E. *Cat's claw: Uncaria genus. Botanical, chemical, and pharmacological studies of Uncaria tomentosa and Uncaria guianensis*. Lima: Instituto de Fitoterapia Americano, 1995.

<sup>4</sup> Krallendorf®, *Uncaria tomentosa (Willd.) DC Root Extract: Information for Physicians and Dispensing Chemists*, 3rd revised Edn. Immodal Pharmaka GmbH, Volders, Austria, 1995. Cited in McKenna DJ, Jones K, Hughes K et al. *Botanical Medicines: The Desk Reference for Major Herbal Supplements*, 2nd Edn. New York, Haworth Herbal Press, 2002.



### Quality is our Passion

MediHerb products are developed by experts and leaders in the field of herbal therapy, using scientific evidence and hundreds of years of traditional knowledge.

Kerry Bone and over 20 health care professionals work within MediHerb while still managing their own clinical practices, plus we consult with an advisory board of health care professionals from around the world.

Our products are made using only the highest quality ingredients which are extensively tested for purity and potency. The MediHerb manufacturing plant operates to a strictly regulated pharmaceutical standard and is regularly audited by the Therapeutic Goods Administration (similar to the FDA), the same body that audits conventional pharmaceutical manufacturing facilities. The comprehensive regulations in Australia mean that you receive a safe and effective product that has been manufactured to pharmaceutical standards.

We know from our experience as health care professionals that the quality of a product you take makes a huge difference to the health outcome you experience. We dedicate ourselves to researching and making the best possible products to deliver health solutions that work.



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