

Thursday, September 10, 2020



OUTLOOK

St. Paul's United Methodist Church: a people GATHERED, FORMED, and SENT by God's grace.

stpaulsumc.org



Join Us on Facebook LIVE!

Here is a link that walks through how to turn on notifications for live videos on Facebook.

[How to Receive Facebook LIVE Notifications](#)

Service on Cable TV

The 9:00 am Sunday worship service can be viewed the following week on:

- **Wednesdays at 6:00 pm** - Mediacom, channel 4
- **Thursdays at 10:00 am** - ImOn, channel 4

Dear Friends in Christ,

After grasping for the “right thing” to say, and deleting each attempt, I thought I might simply use this space to offer you a blessing:

May you be blessed
with peace
and rest from whatever has left you weary.

And, with an abiding joy that cannot be shaken.

And, with tears that are a healing balm to the soul.

And, with deep laughter and lightness of heart and meaningful conversations
with those you love.

And, most of all:
may you be blessed with the knowledge of the love of God
which, even though it is beyond comprehension's grasp,
Is given to us without measure.

Sincerely,
Jonathan

Facebook LIVE Sunday Worship

 **Facebook LIVE Spiritual Opportunities in August**

SUNDAYS | 9:00 am
Worship

SUNDAYS | 12:30 am
African Nationals Worship

Celebration

Congratulations Rev. Lloyd E. Brockmeyer Drive-by Celebration September 20

Congratulations to Rev. Lloyd E. Brockmeyer who has retired after serving 44 years at St. Paul's UMC. Previously he had served several other churches in Iowa.

During his time at St. Paul's, he served 22 years as Minister of Congregational Care. His gentle spirit, genuine interest and concern for others have endeared him to the many who feel blessed to know him.



A drive-by celebration for Brockmeyers is planned for September 20 (10:30-11:30 am) at the Second Ave. church entrance. **Please join us in a card shower. If mailing, cards can be sent to St. Paul's UMC, 1340 Third Ave. SE, Cedar Rapids, IA 52403.**

TGIW Beginning September 16



Children | Youth | Family Event September 16 | 6:30 pm

Moo Moos ice cream truck, games, trivia, and even water balloons!
All socially distanced to maintain safety. Mark your calendars!

Fall Kickoff, Sept. 16

Children, youth, and families join us for our fall kick party on September 16th at 6:30 pm. Moo Moos ice cream truck, games, trivia and even water balloons! All socially distanced to maintain safety. Mark your calendars! Questions contact Becca Nims (rnims@stpaulsumc.org) or Julie Hanlin (hanlin@stpaulsumc.org).



Prayer, Praise, & a Pastor

Wednesdays in **SEPTEMBER**

Beginning September 16 | 6:30 - 7:30 pm
Join us on 3rd Avenue (Circle Drive)

Changing to Wednesdays Beginning Sept. 16

Join us at St. Paul's on 3rd Avenue (Circle Drive) Wednesday nights, beginning September 16th, 6:30-7:30 pm. Bring your lawn chair and look for your place of gathering...with or without music, we will gather!

Stewardship

Churchwide

Study: Treasure

On Sunday, Sept. 13 we will begin a churchwide study called *Treasure: A*

Stewardship Program on Faith and Money. The study will be based on Jesus' words, "Where your treasure is, there your heart will be also" (Matthew 6:21).



Over a period of four weeks, we will look at the many ways that our treasure (time, energy, money) affects our hearts. We will consider how financial challenges in our personal lives affect our relationships with people and with God. We will see how giving helps to determine the way we feel and act.

If you have stress related to money or feel there may be more that God is calling you to do with your resources, this will be a helpful study. At the end of the four weeks, we will have the opportunity to make personal commitments of giving to St. Paul's United Methodist Church for the coming year. All of us will receive commitment cards in the mail, and the cards will also be available on our website.

We can fill out these cards and return by Sunday, October 11. We look forward to an exciting month considering our treasure and God's treasure.

If you are looking for a meaningful study and a small group connection with others, please email Pastor Jonathan (jheifner@stpaulsumc.org) with interest or questions, and please indicate if you are interested in facilitating a small group.

St. Paul's Stewardship Committee



Small Group Opportunity: Treasure

Jerry Oakland will lead a "Treasure" study group via Zoom on Sunday nights beginning Sunday, September 13 at 6:30 pm for the next 4 weeks. Those who would like to join should send an email to joakland@stpaulsumc.org then Jerry will send a Zoom link.



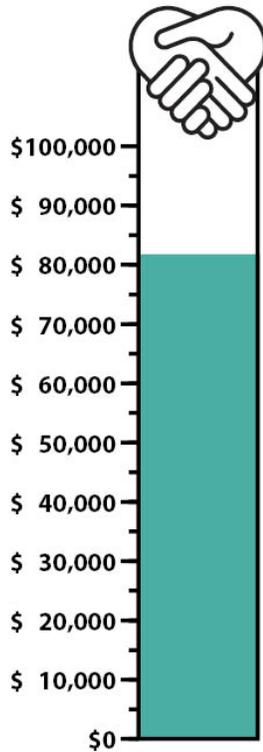
TOTAL \$80,136.89
as of September 9, 2020

NEW! LOVE GIFTS now being
accepted for
Storm Damage Recovery!

**This is a 4th category of our
Share Love, Share Hope, Share Life
Initiative!**

Share a Love Gift marked "Storm

share **LOVE**
share **HOPE** share **LIFE**



Damage Recovery" as a gift of encouragement and support for families hurting in Cedar Rapids. Electronic giving through our church app, website, in person, or through the mail (St. Paul's UMC, 1340 3rd Street SE, Cedar Rapids, IA 52403) or click link below to donate.

[Donate Now](#)

What's Happening at St. Paul's



BACK TO SCHOOL



Sunday Worship, September 13th

Join us this Sunday as we confirm five young people, offer blessings to students and teachers returning to school, and also recognize and bless our spiritual formation leaders!

[View Past Sermons](#)





St. Paul's
**EARLY LEARNING
CENTER**
Serving Children Since 1981

St. Paul's ELC Begins September 14th

We are excited to be welcoming students back on Monday, September 14th to St. Paul's ELC!

2020 has sure brought us some surprises and with all that families are facing, we are more convinced than ever that offering quality early childhood education is a high priority. St. Paul's has been serving this wonderful community for almost 40 years in early childhood education and we plan on continuing to do that this upcoming school year.

This school year comes with some added responsibilities. Being a healthy and safe program for our little learners and staff is a vital part of our daily operational duties. We have created some additional COVID-19 policies that meet the health and safety standards set forth by our licensing, the Department of Human Services.

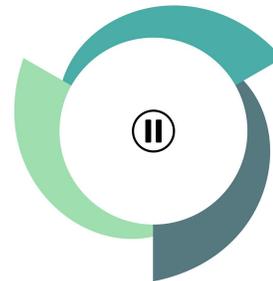
This year we will be offering parent pick-up and drop-up at our 2nd Avenue entrance to eliminate the amount of people in our building. Staff and students will have temperature checks, staff will be required to wear masks and we have expanded our illness policy to include any member of the household. We will be social distancing when appropriate and emphasizing the importance of hand washing. We are confident that implementing these policies will help us to be able to provide the high quality care families are seeking.



Practicing Sabbath
St. Paul's Current Focus in our

Discipleship Pathway

The Lord said to Moses: You yourself are to speak to the Israelites: "You shall keep my sabbaths, for this is a sign between me and you throughout your generations, given in order that you may know that I, the LORD, sanctify you.
Exodus 31:12-13 (NRSV)



I confess that I struggle with Sabbath. As Lead Pastor, there is always more ministry to be done than there is time to do. So, for me to set aside time for rest is a tension between the ministry waiting and the call to take Sabbath. You can probably relate to my struggle, with your own to-do's in your own life!

Here's where I'm growing though. In trust. In trust that God calls us to a day where we can be reminded of who we are and whose we are. Keeping a day of rest is a time to remind myself that God, not my to-do list, is the one who sanctifies, as the scripture says. I've found that God's spirit provides me with the time and resources to do what is essential, and to trust that, as part of Christ's body, we will tend to what needs tending together, and to know that Sabbath is part of a faithful life!

For me, my Sabbath might include time outdoors in my yard or on the water, a nap, reading something intriguing, preparing food in leisure and enjoying it, doing something creative, praying, and just being still.

Join me by asking yourself, what plans can I make to ensure that rest is part of my week? This sort of rest is designed for worship, and it's a gift to remember the grace of God that finds it's sanctifying way to us through our practice of Sabbath.

Take a first step. Take out your calendar, look it over, find the times, and write the words; Rest and worship!

Let me know your struggles and your experience. Let's do this together!
Pastor Sherrie



Feeling Exhausted? Overwhelmed? Sad?

- Visit with or make an appointment with a pastor, spiritual director, or faith friend.

> **Pastor Daniel** (dniyonzima@stpaulsumc.org)

> **Pastor Jonathan** (jheifner@stpaulsumc.org)

> **Pastor Sherrie** (silg@stpaulsumc.org)

- Join a small group to share your story and soulful conversation.
- Remember Sabbath.
- Connect with God in prayer.



Want to Help Others?

- Contact Pastor Jonathan to be added to **The Helper's Group**. Can you bake cookies, make phone calls or home visits to check on folks, help rake or drag branches? jheifner@stpaulsumc.org
- Give a LOVE GIFT \$\$\$ to **Storm Damage Recovery**, a new fund we've established for helping hurting families. Give through our Church app, website, mail, or dropping off your donation at the church office.

*Some of the helpers who came after the storm to
The Dielschneider's, complete with a map of trees needing tending*



FOLLOW US on social media



**St. Paul's United Methodist Church,
Cedar Rapids**



stpaulsumccr



youtube.com/c/StPaulsUMCCR

stpaulsumc.org



3 WAYS TO GIVE



ONLINE

stpaulsumc.org/give



MAIL

Cash/Check/Credit/Debit
1340 3rd Avenue SE
Cedar Rapids, IA 52403



APP GIVING

Mobile App/Tablet
text **app4spumc**
to **77977** / Click **GIVE**

Online Giving

Prayers

God is our refuge and strength, a very present help in trouble. Psalm 46:1

Lord hear our prayers:

- Storm recovery efforts and God's grace for each one of us
- Pandemic health concerns

Continued healing & grace for:

- Maryam Horgan (granddaughter of Kathleen Baker)
- Mary Gade (Milt)
- Gary Speicher (Sue)
- Edwin Hermann (Pat)
- Elias Bukuru
- Genny Yarne (Andrew)
- Charles Edwards (Lora Lea)
- Esther Miceli
- Charman Banks (John)
- Marti & Spence Grayson (Dave Mahlke's sister and brother-in-law)

- Quinn Anton Jensen (Nancy & Brice Anton Jensen's son)
- Cheri Young (Gene & Carrie Young's daughter)
- Linda Hadley
- Ryan Vick
- Kris Yahn (Steve)

Hospice Care:

- Laverne Tucker

Memorial prayers for the families and friends of:

- Larry Conaway (Kay)
- Barbara Clark (relative of Kathy Davis)
- Corinne Smalldridge (Vicki Comer's mother)
- Ray Heng (Maree)
- Ann Emerson (Jim)
- Ivy Sievers (Veryl)