

The Perfectionist Archetype

Examples of how our Perfectionist can show up in business

SHADOW ASPECTS (Disempowering)	LIGHT ASPECTS (Empowering)
Saboteur	Inspired to do my best work
Procrastination	I see what's right – right now
Doubt	I notice and appreciate excellence
Lack of focus	I can figure it out / It always turns out
Distractions	Amazing (experiences / products)
Overwhelm	Quality
Paralysis	Flows together
Insanity	I have fun with ideas that come along
Critical (especially of self)	I enjoy the process
Shame	Possibilities
Time consuming / waste time	I expect magic & miracles
Stop forward movement/momentum	I trust myself and others
Excuses	Truth
It's not perfect yet	In integrity
I need more training	Confidence
I need more experience	Divine
I need more letters after my name	Courage
I need to have the perfect words	Resonant / Aligned
I'm quiet until I'm sure	Authentic
Afraid I will be judged	Coordinated
I should / I shouldn't	Connectedness
Compare myself to others	Harmony / Harmonious
Expect the worst (I'm so stupid)	Beauty / Beautiful / Purity
I'm not quite whole / healed yet	Inspired / Inspirational
I'm not quite ready	Irresistible
I'm not quite that person yet	Attracting / Wow Factor
I don't have enough information	High end / Luxury
I don't know what they (clients) want	Exclusive / Elite

Activate Your Success Body – Transform Your Fate into Your Destiny

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