



Are you ready to go the extra mile?

CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9:45 AM (45 min) All Levels Minnie		8:45 AM (45 min) All Levels Minnie	8:30 AM (45 min) All Levels Kathy	9:30 AM (45 min) All Levels Saffit	9:30 AM (45 min) All Levels Antonella
7:00 PM (45 min) All Levels Antonella		6:15 PM (45 min) All Levels Saffit	6:30 PM (45 min) All Levels Ellen			

★★★ Free Spin Class will be offered every other week with a different day, time & instructor.
More details can be requested at the front desk or please call 201-666-6600 for sign-up!